**HYPOGLYCAEMIA**

**LOW**
Blood Glucose Level < 4.0mmol/L

**DO NOT LEAVE CHILD UNATTENDED**
**DO NOT DELAY TREATMENT**

**Child conscious**
(Able to eat hypo food)

**Child unconscious/drowsy**
(Risk of choking/unable to swallow)

**Step 1:** Give fast acting carb
(As supplied or listed on management plan)

**Step 2:** Recheck BGL after 15 mins
If BGL < 4.0 repeat Step 1
If BGL > 4.0 go to Step 3

**Step 3:** Give sustaining carb
If starting BGL was:
Between 2.0 - 4.0 no follow-up carb required
< 2.0 give sustaining carb as supplied

**First Aid DRSAHCD**
Stay with unconscious child

**CALL AN AMBULANCE DIAL 000**

**SCHOOL SETTING**

**Insulin pump**
Use in conjunction with management plan

**DIABETES SCHOOL ACTION PLAN 2017**

**CHILD’S NAME**
____________________

**SCHOOL**
____________________

**Signs and symptoms**
Note: Symptoms may not always be obvious.
Pale, headache, shaky, sweaty, dizzy, drowsy, changes in behavior.

**INSULIN**
The insulin pump continually delivers insulin.
The pump will deliver insulin based on carb and BGL entries. All BGLs must be entered into pump*
Able to button push: independently □
with supervision □
with assistance □

**ROUTINE BGL CHECKING TIMES**
- Anytime, anywhere in the school
- Prior to lunch and other times as per management plan
- Anytime hypo is suspected
- Prior to activity
- Prior to exams or tests (e.g. NAPLAN)

**PHYSICAL ACTIVITY**
- 1 serve sustaining carb before every 30 mins of activity and swimming (no bolus)
- Vigorous activity should not be undertaken if BGL > 15.0 and blood ketones > 0.6

*DO NOT ENTER BGL into pump within 1 hour of completing activity (see management plan)

**HYPERGLYCAEMIA**

**HIGH**
Blood Glucose Level >15.0mmol/L

**HIGH BGLS ARE NOT UNCOMMON**

**Signs and Symptoms**
Note: Symptoms may not always be obvious.
Some could be: increased thirst, increased urine production, poor concentration, irritability, lethargy.

**IF UNWELL (Eg VOMITING) CONTACT PARENTS TO COLLECT CHILD**

**Check Blood Ketones**
Blood ketones > 0.6 requires immediate treatment

**Blood Ketones**
- < 0.6
- > 0.6

**Correction bolus**
Recheck BGL in 2 hrs

**BGL < 15 indicates line is working**

**BGL > 15 Potential line failure.**
Contact parent/guardian for further advice.
May need injected insulin and line change.

**DATE**
____________________

**HOSPITAL**
____________________

**TREATING DNE**
____________________

**CONTACT No**
____________________

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**PARENT / GUARDIAN NAME**
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**CONTACT No**
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**diabetes victoria**

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**The Royal Children's Hospital Melbourne**

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**Monash Children's Hospital Southern Health**